



**Hands up
for
RESPECT**

Celebrate & Reflect

**EAST GIPPSLAND
PARTNERS IN VIOLENCE PREVENTION**

**16 DAYS OF
ACTIVISM
RESOURCE PACK
FOR**

**PRIMARY
SCHOOLS**

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the Traditional Owners of the Land, the Gunaikurnai People and we recognise their connection to Land, Water, Language and Community. We also pay our respects to Gunaikurnai Elders, past, present and emerging, as well as Elders from other country who live on this land.

ACKNOWLEDGEMENT OF FUNDING & ARTWORK

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EAST GIPPSLAND PARTNERS IN VIOLENCE PREVENTION

The East Gippsland Partners in Violence Prevention (EGPVP) is a partnership of organisations working together to prevent family violence with a focus on respectful relationships and gender equality.

EGPVP is promoting gender equality and respect during the 16 Days of Activism with the theme **Hands up for Respect** encouraging early years services, schools, organisations and community to **celebrate and reflect**.

Bairnsdale Regional Health Service
Department of Education & Training
Department of Fairness, Family & Housing
Department of Justice
Dhelk Dja
Djirra
East Gippsland Shire Council
Gippsland & East Gippsland Aboriginal Corporation
Gippsland Centre Against Sexual Assault

Gippsland Lakes Complete Health
Gippsland Public Health Network
Gippsland Public Health Unit
Gippsland Women's Health
Gippsort
Gunaikurnai Land & Water
Aboriginal Corporation
Latrobe Community Health Service
Mental Health & Wellbeing Local
Moogji
Orange Door

Orbost Neighbourhood House
Orbost Regional Health
Quantum
Royal Flying Doctors Service
Tafe Gippsland
Uniting Gippsland
Victoria Police
Well Ways
YooWINNA Wurnalung Aboriginal Healing Service (chair)
54 Reasons

WHO THE RESOURCES IS FOR

This resource pack is intended for Primary Schools to support meaningful involvement in the 16 Days of Activism.

Your leadership and commitment to promoting gender equality and respectful relationships is essential in our collective effort in East Gippsland to create a safer and more equitable world. Being part of the solution is everyone's responsibility.

This resource pack can be used to reflect and generate conversations about what gender equality and respect looks like in your school, and to inspire change, building on wherever you are on your journey with respectful relationships within your school.

FOR FURTHER INFORMATION CONTACT

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16 DAYS OF ACTIVISM AGAINST GENDER BASED VIOLENCE

ABOUT THE 16 DAYS OF ACTIVISM

The 16 Days of Activism against Gender-Based Violence was started by activists at the inauguration of the Women's Global Leadership Institute in 1991. Three decades on, the 16 Days of Activism against Gender-Based Violence is a widely recognised global campaign that encourages action to end gender-based violence. During the 16 Days, organisations and individuals around the world raise awareness that men's violence against women is a fundamental violation of human rights.

KEY DATES

16 days of Activism commences on 25th November and concludes on the 10th December

- 25 November: International Day for the Elimination of Violence Against Women
- 3 December: International Day of People with Disabilities
- 10 December: International Human Rights Day

HOW YOU CAN GET INVOLVED

On the following pages you will find ideas of meaningful ways that you can take action during the 16 days:

- Leadership Commitment
- Support for Staff and Families
- Professional Development
- Culture and Environment
- Teaching and Learning
- Community Partnerships

The resource pack has been aligned with Department of Education and Training's Respectful Relationships Whole of School Approach.

You can use the 16 days to

- Commit to action and engage your school community
- Assess where you are at on your journey of respectful relationships and gender equality
- Plan and/or implement actions
- Evaluate and monitor your progress
- Review and reflect on progress

ACTION IDEAS FOR 16 DAYS OF ACTIVISM

Leadership & Commitment



Commit to participating in a whole of school approach to Respectful Relationships to promote respect and equality – culture and environment, professional development, teaching and learning and community partnerships.

Get support from the local [DET Respectful Relationships team](#) and local organisations with expertise in gender equality and prevention of violence against women to implement a whole-school approach to Respectful Relationships.



Develop or Review your Statement of Commitment (SoC) to Respectful Relationships

This is a statement that articulates how your school will create a physical and social environment that fosters gender equality and positive relationships between children, staff, families and community

[Our Watch - template 'school public commitment' statement](#)



Communicate with staff and other members of the school community about your schools commitment to promoting gender equality.

This is a continual process and it is important to keep others up-to-date on priority actions and progress being made.



ACTION IDEAS FOR 16 DAYS OF ACTIVISM

Culture & Environment



Examine if the school's policies and activities treat everyone equally

Review the school's vision, values and ethos and procedures and policies to ensure that gender equality and respectful relationships are articulated and promoted.

- Equal Opportunity and Human Rights Policy
- Student Engagement Policy
- Staff Code of Conduct



Engage the school's student body/leaders and/or Student Action Team to develop strategies to support students to stand up, speak out and take action for equal and respectful relationships

FVREE and Inspiro have created a useful resource – [Achieving Gender Equality through Student Voice A teaching guide to support primary school students to lead change](#)

This guide has been designed for primary school teachers, wellbeing staff and group facilitators to build student's (grade 5 and 6) skills and voices on this topic. Students who participate in the activities outlined in this guide will be supported to become leaders for gender equality and respect in their school



Review what music is played for bell breaks and events

Consider whether song lyrics are reflective of your school's commitment and values regarding equality and respect. Avoid songs with lyrics which support outdated ideas of gender roles and unequal relationships.



ACTION IDEAS FOR 16 DAYS OF ACTIVISM

Culture & Environment



Take a look at your classroom bookshelf or library.



(Image sourced from FVREE Level Playground)

Do the books reinforce positive messages around gender equality, individuality, diversity and respectful relationships. There are some great tools and resources available –

- [Access Health Free2Be Me Book Review Tool](#)
- [Educate2Empower Book Collection](#)
- [Global Equality Collective](#)
- [Beyond Sparkles and Superheroes Booklist](#)
- [City of Monash and Generating Equality and Respect Library Booklist](#)
- [Stories Beyond Stereotypes Booklist](#)
- [19 Children's books that defy gender stereotypes](#)



Print and display posters in your classroom promoting respectful relationships and gender equality

- [Level Playground Posters series](#)
 - [Level playground reminders](#)
 - [Our Greetings](#)
 - [Activities are for everyone](#)
 - [Occupations are for everyone](#)
 - Emotions are for everyone
 - Colours are for everyone
 - Language swaps
 - Occupation language swaps



- "You can't be what you can't see" Poster Series The posters show real people undertaking diverse career and recreation roles.

ACTION IDEAS FOR 16 DAYS OF ACTIVISM

Professional Learning

Build staff capacity to

- promote respectful relationships, positive attitudes and behaviours within teaching approach to enable children to build healthy relationships, resilience and confidence
- understand the role of gender equality in the prevention of family violence and learn practical strategies for promoting gender equality in teaching practice
- recognise and respond to family violence and build support networks.



The Resilience, rights and respectful relationships professional learning program is available to teachers from government, Catholic and independent schools.

To register, see [Online Training @ DET](#).



Respectful Relationships Training is available through the [local DET Respectful Relationships team](#)



Encourage discussions in whole-staff or team meetings about gender equality and respectful relationships

- Reflect and learn from what has been tried
- Make space to reflect honestly on how things are going and do not be afraid to identify areas or strategies that need improvement.
- Celebrate successes, however small
- Use the templates from page 10 as a staff activity



Share information and resources with staff to prompt their thinking, learning and discussions about gender equality and respectful relationships

ACTION IDEAS FOR 16 DAYS OF ACTIVISM

Professional Learning



Useful resources to encourage discussions and reflection;

[The gender pay gap experiment with boys and girls you can't miss video](#)

[Gender equality explained by children video](#)

[Teaching children about gender: Iceland's answer to break down gender stereotypes video](#)

[The Ugly Truth about children's books video](#)

[A Girls' vs boys toys video](#)

[Redraw the balance video](#)

[A Boys and girls on stereotypes video](#)

[Run like a girl video](#)

[The Bechdel Test for Women in Movies](#) - see if three of your favourite movies pass the test

ACTION IDEAS FOR 16 DAYS OF ACTIVISM

Teaching & Learning



Review and reflect how the Resilience, Rights and Respectful Relationships (RRRR) evidence-based and learning design informs the approach to teaching and learning in your school.



Review and reflect on students across all year levels have been taught lessons from RRRR Topic 7 to build an age-appropriate understanding;

- that all people, regardless of gender, are of equal value and should have equal opportunities
- identify that some gendered pressures and expectations can lead to limiting choices and increase in vulnerabilities



Review and reflect on students across all year levels have been taught lessons from RRRR Topic 8 that assist them to build an age-appropriate understanding of:

- the effects of gender-based violence and harassment
- help-seeking/ peer support skills that can be applied in situations involving gender-based violence



Other Department of Education & Training Resources

- FUSE – Health and physical education resources
- FUSE – Personal and social capability resources
- Student health and wellbeing

Other useful resources



Educate2Em<https://fvree.org.au/power> – specialising in books on body safety, consent, gender quality, social and emotional intelligence and respectful relationships – they have lots of free resources including posters, activities, e-books and videos.



Level Playground – activities, books, posters, and more, all aimed at fostering inclusivity, respect, and equal opportunities for every child



East Gippsland Shire Council Library Gender Equality Kits – Schools can borrow a Gender Equality Resource Kit which has books, information and lesson plans that can be used by in classrooms.

ACTION IDEAS FOR 16 DAYS OF ACTIVISM

Community Partnerships



Engage parents, carers and families in understanding respectful relationships

- [Level Playground Factsheets](#)
- Share information in newsletters
- [The Maisy Test for Sexism in Kids' TV Shows and Movies: What to look for and what to do about it](#)
- [Lifting Limits Guide for Families & Resources](#)



Engage with local specialist family violence and sexual assault services who can provide support for staff and students experiencing family violence
See following page for service details



Promote/participate/partner with local service's events that align to where you are up to with your Respectful Relationships journey

Utilise State & Regional 16 days of Activism promotional collateral

[Respect Victoria 16 Days of Activism Toolkit 2024](#)

Materials have been developed for use during the 16 Days of Activism and beyond.

- Posters
- Online video background
- Email signature banner
- Respect Is... card
- Book recommendations
- Media release template
- Social media tiles and templates



[Gippsland Women's Health - Let's Chat](#)

Tips on hosting Let's Chat events, including event ideas, event resources, social media resources, guidelines, support services and leadership statement guide.

- Social media templates
- Zoom/team background
- Email signature



FEEDBACK

We encourage you to share feedback on how you have used the resource pack - what actions you have taken, what you thought of the resource pack and feedback on what else would support your service to promote gender equality and respectful relationships. We would also love to share your examples with other schools across East Gippsland. Complete the form [online](#) or complete a hard copy and email to - rachelb@ywaahs.org.au

WHAT ACTIONS DID YOU TAKE DURING 16 DAYS OF ACTIVISM?

HOW WOULD YOU RATE THE RESOURCE PACK IN SUPPORTING YOU WITH YOUR 16 DAYS OF ACTIVISM ACTIONS?



WHAT ELSE WOULD BE USEFUL TO SUPPORT YOUR SCHOOL TO CONTINUE TO PROMOTE GENDER EQUALITY AND RESPECTFUL RELATIONSHIPS?

- Leadership Commitment
- Support for Staff and Community
- Professional Development
- Support with Culture and/or Environment
- Teaching and Learning Resources & Tools
- Partnerships with local organisations
- Other - please specify

IS THERE ANYTHING ELSE YOU WOULD LIKE TO SAY?